

Implementation Management Budget Eat Students for Fulfil Nutrition Students at PINK 03 Islamic Boarding School

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ABSTRACT

Study This analyze implementation management budget Eat students in effort fulfil need nutrition at PINK 03 Islamic Boarding School. With use approach qualitative through method studies case, research This involving four representative informants various stakeholders, namely administrator Islamic boarding school, administrator kitchen, students male and female students. Data collected through interview in-depth and analyzed use technique analysis thematic . Research results show that Islamic boarding school has allocate significant budget For Eat students, namely Rp. 400,000-450,000 from SPP of Rp. 1,000,000 per student per month, with a total budget Eat reaching Rp. 80-90 million per month for 200 students. System management adhere to centralization with control strict, supported by an adaptive procurement strategy through purchases in traditional markets, partnerships with suppliers, and purchasing in amount big. Challenge main issues faced covering fluctuations price material food, limitations menu diversification, and inconsistency quality of taste. Although thus, students show level sufficient satisfaction good and condition stable health. Research conclude that management budget eating at the Islamic boarding school has walk Enough effective However Still need optimization in aspect long-term menu planning length, standardization of processing processes, and diversification source nutrition for increase quality fulfillment need nutrition students.

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1. INTRODUCTION

The country has fundamental obligations in protect rights inhabitant his country , including right on adequate health and nutrition as an integral part of right basic human beings . Based on The 1945 Constitution , the goals of the Indonesian state are protect all the Indonesian nation and all spilled Indonesian blood , advancing welfare general , intelligent life nation , and participate carry out world order based on independence , peace eternal , and justice social (Ayuni , 2025). Mandate constitution This confirm that welfare people , including fulfillment need adequate nutrition is not quite enough answer the country that does not can neglected . Welfare people held important by role population , where dynamics quantity , distribution , and composition resident own impact direct to various dimensions life social , economic , and development processes in a way overall . In context development national , health is the main pillar that will influence various aspect life and sustainability a country. Every sector development , such as economic , social , security and education need support aspect health in order to be able to develop optimally, things This show that health is important issues in development and must become priority in every policy public (Ayuni , 2025). Therefore that , fulfillment optimal nutrition for all over layer society , including students at the Islamic boarding school Islamic boarding school , is investment term long For reach objective development sustainable .

Development cottage the rapid growth of Islamic boarding schools in Indonesia has cause amount student or students the more many , where party cottage Islamic boarding school provide dormitories as place stay students as well as other facilities such as education and food as part from system comprehensive Islamic education . Based on Pondok Data Statistics Islamic boarding schools that originate from from Pondok Database Ministry of Religion Islamic Boarding Schools , number cottage Islamic boarding schools in Indonesia reached 26,975 spread across 34 provinces , showing role strategic Islamic boarding school in system education national (Ministry of Religion of the Republic of Indonesia, 2021). Central Java is province with cottage Islamic boarding school most fourth after West Java , Banten and East Java with amount as many as 3,787 cottages Islamic boarding schools and number students who live in the Islamic boarding school Islamic boarding school as many as 166,605 students (Ministry of Religion of the Republic of Indonesia, 2021). The number amount cottage Islamic boarding schools and students This show importance attention to quality organization food in the environment Islamic boarding school For ensure fulfillment need nutrition santri . As institution education that provides total service for students , boarding school Islamic boarding school own not quite enough answer big in ensure that need base students , especially need nutrition , can fulfilled with good . This is become the more important remembering teenage years is period critical in necessary growth and development intake optimal nutrition for support activity learning and formation character .

Nutritional status condition students in various cottage Islamic boarding school show enough problems serious and necessary attention special from various parties , especially manager cottage Islamic boarding school as responsible party answer direct to welfare students . Research in Mojokerto shows that majority students teenagers at the boarding school Islamic boarding school Roudhotul Hidayah Mojokerto has a thin nutritional status , which indicates existence imbalance between intake energy with need body (Khusniyati et al . , 2016). Further findings worrying also found in the results other studies that show that majority students teenagers in Banda Aceh experience malnutrition in the form of nutrition not enough or underweight, a condition that can impact negative to growth physical , development cognitive and achievement academic students (Yusni & Firdalena , 2019). Conditions This show existence significant gap between need nutrition students with reality fulfillment nutrition that occurs in the environment cottage Islamic boarding schools , which can caused by various factor including limitations budget , lack of knowledge about nutrition , or system management suboptimal food intake . Adequacy intake carbohydrates and proteins as well habit breakfast proven affect nutritional status student cottage , where third factor This each other interact in determine nutritional status in a way overall (Rosida & Adi, 2017). Problems nutrition for students This No only impact on health physique only , but also can influence ability learning , concentration , and productivity students in operate activity daily life at the cottage Islamic boarding school .

Breakfast or Eat Morning is very important thing in maintaining nutritional status and fitness physical individual as well as increase concentration study , especially for students who have activity dense study start from dawn until Evening day (Almatsier , 2009). The importance of breakfast No only lies in the fulfillment need energy only , but also plays a role in optimize function cognitive , improve mood, and increase ability focus in study . Research 2014 in Makassar showed that breakfast at the cottage Ulul Modern Islamic Boarding School Albab Makassar City has fulfil recommendation energy breakfast but Still there is students who do not regular breakfast , which indicates existence problem in system management time Eat or lack of awareness students about importance breakfast (Nursyafitri et al., 2014). Irregularity in breakfast This can impact on the decline performance learning and activities students throughout day . Intake sufficient breakfast influence ability memorize students because 30 percent energy breakfast or 300-500 kcal can provide energy for 2-3 hours in the morning day , a very crucial period For activity learning at the boarding school Islamic boarding schools (Hardinsyah , 2012). This show that quality and regularity eat at the hut Islamic boarding school No only influential to health physique students , but also towards ability cognitive and achievement academic they , especially in matter ability memorizing the Koran is one of them focus main education at the boarding school Islamic boarding school . Therefore that , management system eat at the hut Islamic boarding school must consider aspects of timing, quality and quantity food in a way simultaneous For optimize the benefits for students .

Quality food served at the hut Islamic boarding schools are greatly influenced by various factor complex , including interest students regarding the menu served , ability manager in designing a varied and nutritious menu , as well as availability material quality food (Diahningtias , 2016). Factors psychological like appearance food , aroma, taste, and texture play role important in determine level consumption food by students . The more interesting food , then Power accept will the more high , which in the end will increase intake nutrition students in a way overall (Kaenong et al., 2014). Quality good organoleptic like interesting dishes can produced from the processing process in accordance terms and conditions of use the right spices , techniques proper cooking and hygienic serving . Success organization food institutions influenced good planning that is availability of a good menu and sufficient quantity , which is required coordination between various party start from manager , interpreter cook until provider material food . Organizing food cottage Islamic boarding school including organization food mass , because produce more from 50 portions food and in implementation need management organization professional , systematic , and sustainable food processing (Bakri et al., 2018). Complexity organization food mass This need skill special in menu planning , procurement material food , management source Power human , control quality , and program evaluation periodically For ensure achievement objective fulfillment nutrition students .

Planning system organization food must notice various factor complex like type and quantity consumers served , available budget , selection material quality and affordable food , availability source Power competent human beings , as well as infrastructure adequate support (Rotua & Siregar , 2017) . Aspects planning This become the more crucial in context cottage Islamic boarding schools in general own limitations budget However must serve amount big santri with need diverse nutrition in accordance with age and activity they . Factors geography and accessibility on the market also affects availability and price material food , which in the end impact on the quality of the menu that can be provided . However , in implementation system organization food cottage Still need optimize planning so that can fulfil nutritional intake and status students , especially in matter balance substance nutrition macro and micro (Ningtiyas et al., 2018). Optimization This need approach holistic that integrates aspect nutrition , economics , social and culture in One system comprehensive management . Aspects management budget become factor crucial in determine quality and quantity food that can provided for students , where efficiency use budget must balanced with fulfillment standard adequate nutrition . Management effective and efficient budget will allows cottage Islamic boarding school For provide food nutritious with affordable costs without sacrifice quality nutrition , which requires procurement and management strategies inventory and control the right cost .

Indonesian government has launching the Meal Program Free Nutrition Program designed by President Prabowo Subianto and Vice President Gibran Rakabuming Raka as part from promise campaigns aimed at For reach around 83 million recipient benefits , including child school , toddlers , and mothers pregnant , with estimation budget reach Rp. 100 trillion in the year first and can increase up to IDR 460 trillion in 2029 (Dwijayanti , 2024). Ambitious program This reflect commitment government in overcome problem nutrition and stunting in Indonesia through a comprehensive and sustainable approach . Although the budget required is very large and causes concern will the impact to the APBN, this program own objective strategic For give food nutritious use support health and education children , contribute in decline stunting figures and increase participation schools among poor families (Welasari et al., 2025). This program is also held For build a healthy , superior generation in Power competitive , smart , and able contribute to improvement productivity economy as part from effort realize vision of Golden Indonesia 2045, with focus specifically on improvement standard nutrition children living in the area remote . Although this program Not yet in a way special target cottage Islamic boarding school , however the spirit and goals of the program can become inspiration for management food at the cottage Islamic boarding schools , especially in matter standardization nutrition , efficiency budget , and monitoring and evaluation of the program. The implementation of this program can also give lesson valuable about challenges and opportunities in implementation of meal programs nutritious scale big that can adapted in context cottage Islamic boarding school .

Free meal program proven useful in the field health , in particular for children and adolescents . Health in this group age is greatly influenced by the adequacy of intake nutrition , if intake not enough can cause various problem health , such as disturbance body organ function and decline performance learning at school (Chilot et al., 2023 in Welasari et al., 2025). This show importance management budget good food at the lodge Islamic boarding school For ensure students get intake adequate nutrition For support the learning and development process they .

Based on problems and phenomena that have described above , research This aim For analyze implementation management budget Eat students in effort fulfil need nutrition students at PINK 03 Islamic Boarding School. Research This expected can give contribution in management model development budget effective and efficient dining at the cottage Islamic boarding schools , so that can improve nutritional status students and support achievement objective education Islamic boarding school optimally .

2. METHODS

Study This use approach qualitative with method studies case For understand in a way deep implementation management budget Eat students in fulfil need Nutrition at PINK 03 Islamic Boarding School . Approach qualitative chosen Because study This aim For explore and understand phenomenon management budget Eat students from perspective various parties involved direct in the process . Paradigm qualitative allows researchers For dig meaning subjective and contextual from experiences of stakeholders, so can give holistic understanding about complexity management budget Eat in institutional settings Islamic education . Methods studies case allows researchers For dig information in a way comprehensive about practice management budget , budgeting process decisions , and challenges faced in fulfil need nutrition students in the neighborhood Islamic boarding school . Election method studies cases are also based on characteristics the phenomenon being studied which is case contemporary in context life real , where boundaries between phenomena and context No so clear visible , so that need approach in -depth , multi-source investigation For get complete understanding about dynamics management budget Eat students .

Data collection techniques used in study This is interview in-depth (in-depth interview) with informant selected key by purposive sampling. Selection informant based on involvement direct they in the management process budget Eat students as well as understanding they to need nutrition students at Islamic boarding schools . Criteria election informant covers accessibility to required information , involvement active in the management process , and willingness For share experience in

a way open. Interview deep chosen as technique main Because allows researchers For get detailed and in-depth information about experience , perception , and view informant to implementation management budget Eat students (Creswell, 2018). Excellence technique interview deep lies in its flexibility in explore emerging topics in a way spontaneous during the interview process , allowing researchers For dig information that is not unexpected However relevant with objective research . Through interview in-depth , researcher can explore possible aspects No revealed through technique other data collection , such as motivation , challenges , and strategies implemented by each party in management budget Eat students . Interview process done in a comfortable and informal atmosphere for create conducive atmosphere for informant in convey view they in a way honest and open , with duration interviews that revolve around between 45-90 minutes For every informant depending on the depth information that can dug .

Informant in study This consists of from four people representing various stakeholders in management budget Eat students at PINK 03 Islamic Boarding School , selected based on principle maximum variation sampling for get diverse perspectives . Respondents First is a religious teacher as administrator Islamic boarding schools that have not quite enough answer in taking decision strategic related management budget Eat students , have experience more from five years in manage finance Islamic boarding school and understanding in a way comprehensive about management policies and strategies budget . Respondents second is a Mother as manager responsible kitchen answer direct in implementation provision food daily for students , have experience practical in management operational kitchen , procurement material food , and coordination with various party related . Skills and experience practical skills owned by the manager kitchen become source valuable information about challenge technical and operational in implementation management budget eat . Respondent third and fourth is a students son and one female students , who are recipient direct from implementation management budget Eat said , selected based on criteria has live in a boarding school for at least one year year so that own enough experience For give evaluation to quality food and systems management applied . Selection informant from these various levels aim For get comprehensive perspective and triangulation of data from corner different points of view , allowing researchers For validate information obtained from One source with source others , so that increase credibility and validity findings research . Diversity perspective this also allows researchers For understand dynamics interaction between stakeholders and complexity management budget Eat from various different dimensions .

Data analysis in study This use technique analysis thematic that follows stages proposed by Braun and Clarke (2006), were selected Because its flexibility in identify , analyze , and report patterns in qualitative data . Analysis process started from stage familiarization with data through reading repetitive to transcript interview For get understanding deep about overall data and identify meanings the beginning that appears from data. Stage familiarization this also involves recording initial ideas and impressions general about data as preparation For stage analysis next . Continued with coding beginning For identify relevant units of meaning with objective research , where every meaningful data pieces given code that describes content from the data section . The coding process done in a way inductive , where codes appear from the data Alone without forced by the framework theoretical that has been There is previous . Stage furthermore is search emerging themes from codes that have been made , where codes that have similarities meaning grouped become themes potential that represents patterns important in the data. This process followed with review and refinement theme For ensure that identified themes truly supported by data and has strong internal coherence , as well as naming and defining theme end with give clear and definitive name For every theme . Analysis process This done in a way iterative and reflective For ensure that the themes generated truly represent the data obtained from field , with involves a back and forth process between raw data , code , and themes For ensure consistency and accuracy interpretation . The entire analysis process documented in a way systematic For maintain an audit trail that allows verification and replication of the analysis process .

For guard validity and credibility of data, research This apply several comprehensive validation strategies in accordance with standard quality study qualitative . First , triangulation data sources with involving informant from different levels and roles in management budget Eat students , allowing researchers For verify consistency information from various perspective and identify difference possible views exist among stakeholders . Triangulation strategy this also includes comparison of data from informants who have position structural different For get a clearer picture complete about the phenomenon being studied . Second , member checking with method confirm results interpretation of data to informant For ensure accuracy and precision interpretation , done through presentation short about findings beginning to informants and ask for their feedback about suitability interpretation with the experiences they have convey . This member checking process also provides chance to informant For add possible information missed or clarify missing points clear . Third , rich thick description with serve detailed and in-depth description about context research and findings obtained , allow reader For understand the research setting and assess transferability findings to other similar contexts . This rich description covers detailed depiction of characteristics Islamic boarding school , profile informants , and context socio- cultural background the phenomenon being studied . Fourth , peer debriefing with do discussion results analysis together colleague colleagues who have skill in field study qualitative For get perspective alternatives and reduce researcher bias , as well as ensure that data interpretation is carried out in a way objective and not influenced by prejudice or assumptions personal researchers . This peer debriefing process done in a way periodically during the analysis process For ensure quality and credibility interpretation of the resulting data .

3. FINDINGS AND DISCUSSION

Research result show that management budget Eat students at PINK 03 Islamic Boarding School use sufficient system structured with significant allocation of funds of the total cost education . Based on interview with Respondent 1 (administrator) Islamic boarding schools), from the SPP of Rp. 1,000,000 per student per month , around Rp. 400,000-450,000 is allocated special For need Eat santri . With a total of 200 santri , the budget Eat reaching Rp. 80-90 million per month , indicating commitment Islamic boarding school in provide food for students . Allocation budget This show that Islamic boarding school has implement principles management budget that prioritizes need base students , according to with draft organization food institutions that require planning a mature budget (Rotua & Siregar , 2017). System management the budget applied reflect effort Islamic boarding school For ensure sustainability of the meal program students in term long , though Still face challenge related fluctuations price material food that can influence quality and quantity food provided .

Structure management budget eating at PINK 03 Islamic Boarding School adheres to system centralization with strict control from administrator Islamic boarding school . Respondent 1 explained that as treasurer , he hold control full on budget eat , while execution daily carried out by the manager kitchen and team logistics with supervision from the ustaz and ustazah . Every purchase material food must get agreement moreover before , reflecting implementation system control tight budget For prevent waste and ensure efficiency use of funds. System This in line with principle organization food mass in need professional , systematic and sustainable management For serve more from 50 portions food a day (Bakri et al., 2018). Mechanism reporting daily from manager kitchen about amount cooked portions and recording every purchase in cash book shows existence monitoring and evaluation system in place , even though Still can optimized through use technology For increase accuracy and efficiency recording .

Procurement strategy material The food served at PINK 03 Islamic Boarding School shows adaptation to limitations budget with still make an effort maintain quality food . Respondent 2 (manager) kitchen) implement various saving strategies like shopping at a more traditional market cheap compared to supermarkets, establishing connection with regular suppliers For get price special , and do purchase in amount big For commodities like rice and cooking oil get price wholesale . This strategy reflect good understanding about principles economy in management food institutions , where

efficiency cost become factor crucial without sacrifice quality nutrition. Approach flexible purchasing with utilise moment discounts and storage material food in the freezer shows management sufficient inventory good, appropriate with characteristics organization food that requires planning careful procurement. For ensure availability material food quality with price affordable.

Challenge main in procurement material food faced is fluctuations price that is not can predicted, especially For commodities main like rice, cooking oil, and animal protein. Respondent 1 explained that increase price material food become the most significant obstacle in management budget, where price chicken can increase from Rp. 35,000 to Rp. 40,000 per kilogram in time short. Condition This in line with the reality faced Lots institutions organizer food in Indonesia, where volatility price food become factor difficult external controlled. However impact direct to quality and quantity food that can provided. For overcome challenge this is a boarding school implementing adaptive strategies with look for material more substitute cheap. However still nutritious, doing negotiation repeat with suppliers, and as step final request additional funds from foundation. Flexibility in menu management and capabilities adaptation to market conditions indicate resilience system management food that has been developed in Islamic boarding schools.

Menu planning at PINK 03 Islamic Boarding School was carried out in a way collaborative between manager kitchen and treasurer at each end week, with consider aspect variations, preferences students, and limitations budget. Respondent 2 explained that the menu is designed with rotation side dish various side dishes covering chicken, fish, eggs, tofu tempeh, and various type vegetables. For avoid monotony and increase Power accept students to food. Approach This in line with principle organization food institutions that emphasize importance menu variations for increase satisfaction consumers and intake nutrition (Diahningtias, 2016). Involvement students in the menu planning process through consultation direct show implementation approach participatory that can increase level satisfaction and consumption food. Provision food three times a day with composition a relatively light breakfast light, eat a complete lunch, and meal quite afternoon filling show understanding about pattern distribution appropriate energy with activity students throughout day.

Analysis quality nutrition food show that Islamic boarding school has make an effort provide balanced diet from aspect macronutrients, with rice as source carbohydrate main, protein variations from animal and vegetable, as well as vegetables as source of vitamins and minerals. Respondent 2 admitted that although has try provide food nutritious balanced, still There is limitations in provision fruits and milk which are source of important vitamins and minerals. Conditions This reflect common challenges faced institutions organizer food with budget limited, where priority given to the fulfillment need basic calories and protein than diversification source micronutrients. Creative strategies implemented like mix chicken with know For maintain protein content with higher costs efficient, and use bones For make nutritious soup stock show innovation in menu management with limitations budget. This is in line with findings study previously shown that adequacy intake carbohydrates and protein affect nutritional status students cottage Islamic boarding schools (Rosida & Adi, 2017).

Interview results with students show level varying satisfaction to food provided at the Islamic boarding school. Respondent 3 (student) son gives sufficient assessment positive to variation food. However criticize inconsistency in the taste of food that sometimes delicious, sometimes bland, or even salinity. Condition This indicates existence challenge in standardization of cooking processes and measurements spices that can influence Power accept students to food. Meanwhile that, Respondent 4 (student) daughter shows level more satisfaction tall with state that food at the Islamic boarding school delicious and tasty, especially when eaten together which creates a sense of togetherness. Differences perception This show that factor psychological and social factors also influence perception to quality food, where atmosphere Eat together can increase level satisfaction to food consumed (Kaenong et al., 2014).

Analysis to preference food students show existence similarities in choice food favorite, where chicken (especially served on holidays) Friday and vegetables spinach became the second most liked menu respondents santri. On the other hand, food like krecek, eggplant, and vegetables harvest tend

not enough liked. Because texture and taste that is not in accordance with appetite santri. Information about preference This important For considered in future menu planning use increase level consumption and satisfaction santri. Related adequacy portion , there is difference perception between students sons and daughters , where students son report existence subtraction portion that makes they sometimes No full , while students daughter feel portions provided Already appropriate . This is indicates the need adjustment portion based on need different calories between students sons and daughters , especially remember difference activity physical and needs energy .

Evaluation to impact management budget eating for health students show sufficient results positive , where part big students report condition good health during live in a boarding school . Second respondents students state that they No experience disturbance significant health consequence food consumed , even they feel repair pattern eat more regular compared to when being at home . Regularity time Eat three times a day with consistent schedule contribute positive to health students , according to with research that shows importance regularity eating , especially breakfast , in maintain nutritional status and improve concentration learning (Almatsier , 2009). Stability weight reported by students indicates that intake calories provided Enough adequate For fulfil need energy they in operate activity daily life at the Islamic boarding school .

Although however , still there is a number of minor complaints related food , as experienced by respondents students the princess who once experience Sick stomach consequence too much food spicy . Incident This show the need attention more to level spiciness food and variety tolerance students to spices certain conditions relative health Good This can associated with effort manager kitchen in guard cleanliness and hygiene of the processing process food , as recognized by both respondents students who stated No Once experience poisoning food or problem health Serious others . This is reflect implementation adequate food safety practices Good in organization food mass in Islamic boarding schools , even though Still need evaluation more carry on For ensure standard security optimal food intake . Regular and well-maintained eating patterns in Islamic boarding schools also contribute positive to formation habit Eat healthy that can beneficial for students in term long .

Analysis deep to system management budget eating at PINK 03 Islamic Boarding School identifies a number of challenge main thing that is needed overcome For increase quality service food . Challenge the biggest is volatility price material foods that affect stability budget and quality of menu that can provided . Conditions This in line with global phenomenon where fluctuations price food become issue crucial for organizer food institutions . Challenges second related with limited menu diversification consequence limitations budget , especially in provision source micronutrients like fresh fruits and a variety of animal proteins . Limitations This can impact on nutritional status term long students , remembering study previously show that majority students in various cottage Islamic boarding school experience problem nutrition less (Khusniyati et al., 2016; Yusni & Firdalena , 2019). Challenges third is inconsistency the quality of the taste of food that affects level satisfaction and consumption students , who can overcome through standardization recipes and training sustainable for power processor food

Although face various challenges , there are a number of opportunity development that can utilized For increase quality management budget Eat students . First , implementation system menu planning based more cycles long (eg 4-6 weeks) can help optimization procurement material food and negotiation price with suppliers. Second , development partnership strategic with farmer local or cooperative can help stabilization price and quality material food while support economy local . Third , utilization technology in monitoring and evaluation can increase efficiency data management and accuracy for taking decision . Fourth , development of educational programs nutrition for students can increase awareness and participation they in the fulfillment program nutrition . Meal Program Free Nutrition launched government can become inspiration and references in development system management more food good , especially in aspect standardization nutrition and monitoring evaluation (Welasari et al., 2025). Implementation of these strategies need commitment term long from manager Islamic boarding schools and support from various stakeholders to create system management budget sustainable and optimal eating for welfare students .

4. CONCLUSION

Based on results research and discussion that has been done, can concluded that implementation management budget Eat students at PINK 03 Islamic Boarding School have show strong commitment in effort fulfil need nutrition students through significant allocation of funds and systems structured management. Islamic boarding school has allocate around 40-45% of the total tuition fees for need Eat students, namely Rp. 400,000-450,000 from SPP of Rp. 1,000,000 per student per month, showing high priority to fulfillment need base students. System management that adheres to principle centralization with control strict from treasurer, supported by mechanisms reporting daily and systematic recording, has capable create transparency and accountability in use budget. Structure management This reflect implementation principles management good finances in context organization food institutions, where every purchase material food must get approval and recorded in detail for ensure efficiency use of funds.

Procurement strategy material applied food show good adaptation to limitations budget with still make an effort maintain quality and variety food. A multi-strategy approach that includes purchases at traditional markets For get higher price competitive, development partnership with regular suppliers For get price special, purchase in amount big For commodities certain, and utilization moment discount, has help optimization use budget. Menu planning is carried out in a way collaborative between manager kitchen and treasurer with consider aspect variations, preferences students, and limitations budget show implementation approach participatory that can increase satisfaction students. System diverse menu rotation covering various sources of protein and vegetables, as well as provision food three times a day with distribution appropriate energy activity students, reflecting good understanding about principles nutrition balanced although Still there is limitations in diversification source micronutrients.

Evaluation to impact management budget eating at the students show sufficient results positive in aspect health and satisfaction, although Still there is some areas that require repair. Condition health relatively young students stable, regular pattern formed food, and stability reported weight indicates that intake calories and nutrients provided Enough adequate For fulfil need base students. Level of satisfaction various students to food provided show importance attention to aspects of taste and texture food, where inconsistency the quality of taste becomes complaint main influencing factors Power accept santri. Preferences students to a particular menu like chicken and vegetables spinach give input valuable For future menu planning, while difference perception to adequacy portion between students sons and daughters indicates the need adjustment portion based on need different calories. Implementation practice security sufficient food Good seen from lack of case poisoning food or disturbance health seriously, though Still there is minor complaints related level spiciness necessary food noticed.

Although has show positive achievement, management budget Eat students at PINK 03 Islamic Boarding School are still face challenges that require development strategies sustainable For program optimization. Volatility price material food become challenge the biggest influence stability budget and menu quality, requires an anticipatory strategy through menu planning based more cycles length and development partnership strategic with farmer local or cooperative. Limitations menu diversification, especially in provision fruits and a variety of animal proteins, it is necessary overcome through reallocation budget and search source funding addition For ensure adequacy micronutrients santri. Inconsistency food taste quality can overcome through standardization recipes and training sustainable for power processor food, while utilization technology in monitoring and evaluation can increase efficiency data management and accuracy for taking decision. Meal Program Free government nutrition can become inspiration in development more systems good, especially in aspect standardization nutrition and monitoring evaluation, so that management budget Eat students can contribute optimally to achievement objective education Islamic boarding schools and welfare students in a way sustainable.

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